

## References

They already trust me:

Please find below some of the organisation I have been working with since 2008 with some of my programs on Sleeping disorders or Stress management :

- INSV ( Institut du sommeil et de la vigilance)

- Bouygues Energie et Services

- Van Cleef and Arpels

- Capstan

- European Patent Office

- ICTY ( Tribunal for ex Yougoslavia)

- ICC ( International Criminal Court)

- Artzen zonder grenzen ( Médecins sans Frontières )

- Access

- Accueil Francophone de la Haye

- Agence Spatiale Européenne

- GRDF SUEZ

- ING DIRECT

- Havas

- L'OREAL

- Bouygues BI

- Resocay ( Luxembourg)

I run these sessions with big groups ( 100 participants) or with smaller one ( 10 to 20) with all sort of audiences : from very specialized practitioners( doctors, psychotherapists, psychologists) to people with no experience at all in relaxation to develop the awareness of themselves.

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